## Claims: I claim:

1. A massage and tactile stimulation device comprising a glove made of a resilient material having a front wall and a back wall connected by a means for joining two pieces of material to form fingers, a palm area and a backhand area, said glove having a first effective working area on the front wall of said fingers, a second effective working area located on the back wall of said fingers, and a third effective working area located on said palm area, said glove having one or more upward projections of at least 0.14 inches (3.5mm) in height secured at both said first and second effective working areas of the glove, said device having one or more friction areas attached to said glove at said third effective working areas, said upward projections and said friction areas being attached to said glove by a stationary bonding means wherein no part of the one or more upward projections and the one or more friction areas move with respect to said glove walls.

- 2. The glove of claim 1 wherein said resilient material is lycra.
- 3. The glove of claim I wherein said means for joining two pieces of material is sewing.
- 5. The glove of claim 1 wherein said first and second effective working area having said upward projection and third effective working area secured thereto, are exclusively located at pad of digits, phalanges region and a palm, respectively.
- 6. The glove of claim 1 wherein said stationary bonding for said upward projections and said friction area is pressure sensitive adhesion.
- 8. Cancelled.

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The glove of claim 5 wherein said upward projections are single, individual protrusions located on each said pad of digits and said phalanges region.

whereby deep pressure is imparted by said device

and

whereby said projections optimize the benefits of massage and tactile stimulation.

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